



CEMPEDAK
PRIVATE ISLAND



CEMPEDAK ISLAND

18 - 21 OCTOBER, 2024

4 DAYS, 3 NIGHTS

THE ISLAND WELLNESS RETREAT

A PRIVATE ISLAND GATHERING TO RECHARGE THE MIND AND BODY

Guided Meditation | Ice Bathing | Breathwork | Sound Healing
Yoga | EFT Tapping | Fire Ceremony | Closing Party

Cempedak Island has been exclusively booked for a wellness retreat like no other. You're invited for a long weekend of wellness activities, holistic healing and plenty of fun and games. Perfect for couples, friends, or solo travelers looking to meet others.

EARLY BIRD RATE

Pay before July 1st

S\$1,750

Single occupancy

20%
off

S\$2,200

Double occupancy

STANDARD RATE

Pay after July 1st

S\$2,100

Single occupancy

S\$2,640

Double occupancy

Rates are inclusive of wellness activities, accommodation, transfers and daily board.

For bookings and more information, contact

relax@cempedak.com

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WHAT'S INCLUDED

- Three nights accommodation
- Board (three meals per day)
- Transfers to and from Bintan Ferry Terminal
- An itinerary of wellness activities

WHAT'S NOT INCLUDED

- Ferry tickets from Singapore to Bintan
- Beverages (tea & coffee included)
- Visa fee (if required)
- Chargeable activities and spa treatments outside the itinerary

ACCOMMODATION OPTIONS

All 20 villas on Cempedak Island have the same footprint- an en-suite master bedroom upstairs, and a lounge downstairs with a second bathroom. This makes the set up perfect for sharing, either with someone you would share a bed with or with someone who doesn't mind being on a camper bed downstairs. For anyone looking to travel solo, there is also the option to book out the whole villa to yourself.



(See next page for more photos)

THE PRACTITIONERS



MAE KWAN
Wellness Creative & Coach



DAVID JACOB
Ice Bath and Breathwork Facilitator



TAMSIN BRADSHAW
Transformation Coach

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