

C E M P E D A K

PRIVATE ISLAND

SPA MENU





ETIQUETTE AND DISCLAIMER

CEMPEDAK SPA



A high-angle, close-up photograph of a woman lying on her back on a white massage table. Her hair is pulled up in a bun with a single white plumeria flower tucked into it. Two hands are placed on her upper back, performing a massage. She is wearing a silver chain bracelet and a red string bracelet on her left wrist. A bouquet of white plumeria flowers with green stems lies on the table to her right. The background shows a rustic wooden wall.

BODY MASSAGE

BODY MASSAGE

SIGNATURE MASSAGE

This is a deeply revitalizing massage. Our Therapist uses full body techniques, applied with rhythmic grace using thumbs, palms and elbow. Eases and loosens stressed muscles leaving the entire body fully rejuvenated

| <u>Duration</u> | <u>Price</u> |
|-----------------|--------------|
| 60mins | \$65++ |
| 90mins | \$85++ |
| 120mins | \$100++ |

BALINESE MASSAGE

A medium to strong deep tissue massage where the therapist applies thumb and palm pressure and firm strokes. The massage stimulates blood circulation, improves energy flow and relieves muscle tension in the back and shoulders.

| | |
|---------|---------|
| 60mins | \$65++ |
| 90mins | \$85++ |
| 120mins | \$100++ |

OCEAN BREEZE MASSAGE

Like the rhythm of the oceans tide and gentle flowing tropical breeze, this deeply relaxing treatment soothes and rejuvenates the body. Great for insomnia, jet-lag and hypertension, surrender to the ebb and flow of nature, exhale and release all tension.

| | |
|---------|---------|
| 60mins | \$65++ |
| 90mins | \$85++ |
| 120mins | \$100++ |

TENDER TOUCH

When a gentle touch is called for this massage is the ideal choice. Palm strokes are applied in tandem with a rice pouch dipped in warm oil making it suitable for those guests wanting a gentler treatment and for expectant mothers.

| | |
|--------|--------|
| 60mins | \$75++ |
| 90mins | \$95++ |

BODY MASSAGE

BACK MASSAGE - *Iron out tense muscles*

For those who spend long hours working at the desk or encounter backaches this 50-minute massage services as the perfect antidote to iron out tension and pain

Duration

50mins

Price

\$55++

FOOT LOOSE - *From sole to soul*

This healing 50-minute foot therapy is highly recommended for those with tired legs and feet. The massage aids in alleviating stress and boosting body circulation. Ailments in the form of fatigue, low-energy levels, aches and pains can be relieved with this pressure point foot massage.

50mins

\$55++

HEAD & SHOULDER MASSAGE

Feel the tension and stiffness of the neck and shoulders melt away with this 50 minute invigorating massage that targets tension hot-spots in the neck and shoulders while the head massage alleviates stress and calms the senses.

50mins

\$55++

SENSATIA BOTANICAL FACIALS



CLEOPATRA'S ROSE FACIAL

Rich & Luxurious (All Skin Types)

This blissfully euphoric facial treatment uses rich infusions of rose to cleanse and hydrate, deeply nourishing the skin. Luxuriate with blends of geranium leaf, lemon peel & rose damask to cleanse, balanced with rose & refreshing extracts of strawberry, hibiscus, grape & ginseng to tone and massage and rehydrate with amber & rose cream. A treatment Cleopatra herself would insist on.

| <u>Duration</u> | <u>Price</u> |
|-----------------|--------------|
| 60mins | \$60++ |
| 90mins | \$75++ |

CEMPEDAK SPA JOURNEYS

A perfect combination of scrub, body mask and
massage treatments.



CEMPEDAK SPA JOURNEYS

| | <u>Duration</u> | <u>Price</u> |
|---|-----------------|--------------|
| PURE BLISS Choose from our luxurios full body scrubs to refresh and refine the skin before your tailored massage to leave you fully restored 90-minute treatment includes: <ul style="list-style-type: none">• Coffee and Cacao Brown Sugar• Signature Massage | 90mins | \$95++ |
| ABSOLUTE LIFT This treatment is specially tailored massage to suit your preferences. Inform your therapist what kind of massage pressure or style you like and what areas of the body you need work on the most i.e. scalp, neck, shoulders, lower back, feet, stretching and joint mobilization. 120-minute treatment includes: <ul style="list-style-type: none">• 90mins Massage of your choice• 30mins foot massage | 120mins | \$110++ |
| ORIENTAL ROMANCE Indulge in your choice of top to toe treats, beginning with a body scrub to cleanse and prepare the body for the massage that follows. A choice of soothing facial treatment completes the experience leaving you glowing from top-to-toe. 150-minute treatment includes: <ul style="list-style-type: none">• Cleopatra's Rose Sea Salt Scrub• Balinese Massage• Cleopatra's Rose Facial | 150mins | \$130++ |

FULL-BODY SCRUB

Add a full body scrub and body mask as a prequel to another spa treatment for cleansing and a deeply hydrating spa experience.

FULL-BODY SCRUB

COFFEE & CACAO BROWN SUGAR SCRUB

(For all skin types)

Envelop your self in the soft, woody-sweet, chocolatey aroma of Sensatia's Coffee & Cacao Brown Sugar scrub. An irresistible, hydrating scrub made with some of the tastiest, most nourishing nut & plant actives known to the botanical world

Duration

45mins

Price

\$45++

CLEOPATRA'S ROSE SEA SALT SCRUB

(For all skin types)

Pure organic Indonesian sea salt, lavender, Spanish rosemary, white grapefruit, French clay and African shea butter... The "United Nations" of scrubs will deeply cleanse, exfoliate and assist with cellulite.

45mins

\$45++

CANDLENUT AND RICE SCRUB

(For all skin types)

Restore the radiant blush to dry skin with this Indonesian soothing and hydrating full body scrub.

45mins

\$45++

BODY MASKS

(For all skin types)

If you need to quell the heat from your sunburn or boost your body hydration, ask about a fresh concoction that can be made especially for you.

45mins

\$45++

WWW.CEMPEDAK.COM

